

89 - כי שם די

Through prayer we relinquish our free will as we dedicate our lives and offer ourselves as a Sacrifice to Hashem.

90 - אדני שפתי

Overcome the limits of your mind and pour your Heart out to Hashem so he gives you the chance to praise him.

The Avos -91

Avraham convinced thousands to believe in Hashem. Yitzchak was prepared to give up his life: Yaakov, without question accepted that Hashem is King of the world.

92- מנן אנדרם

Hashem's love of Israel is because of Avraham. The greatness of Yitzchak and Yaakov was also due to the excellence of Avraham.

93- אתה גבור

Revival of the Dead is mentioned 3 times, from the death of Sleep, the rain brings life and the revival of the Righteous.

94- אתה קדוש

Our goal in life is to Perfect ourselves to properly succeed in coming close to Hashem Now in this World so we may be able to do so in the World to Come.

95- אתה חונן לאדם דעת

We're given the gift of knowledge without which one would be as wild as a beast, so we may enjoy happiness in both this world and the next.

96- השיבנו אבינו

One must pray that they are helped to repent, while they still can! This is of the greatest desires of Hashem our Father, for us to repent and be forgiven.

97 - סלח לנו

We ask Hashem to be merciful and unconditionally forgiving so we can be absolved for all the things we did wrong.

98 - ראה בענינו

See how we are afflicted, please redeem us from all our pain. We seek to honor your name with the freedom that You have given us.

99 - רפאנו

The purpose of illness is to be aware of Hashem. When one recovers and gives proper thanks he deserves to be shielded from future illness.

100 - ברוך עלינו

Hashem should bless us to make our livelihood honestly, not having to seek our needs from others while having all the necessities of life

101 - תקע בשופר

The Nations will have a worldwide recognition of Hashem, who will then free Israel from its dependency on them, gathering all those who went lost.

102 - השיבה שופמינו

Return us to the level when we were at our best, then our sorrow will be removed and we will be blessed with happiness and rescued from sin.

103 = ולמלשינים

It is with the utmost sense of urgency that the enemies of Hashem such as atheists and liberals speedily be uprooted without a trace of their ideas.

104 - על הצדיקים

To those who exert themselves to support and become as the Righteous putting total Trust in Hashem as they sanctify His name in this world.